



Neurology Specialists of the Treasure Coast, P.A.
Daniela Saadia, M.D.
Board Certified in Neurology

EMG Testing Instructions

- Shower the day of your appointment
- Wear loose fitting clothing; shorts if possible, especially if testing on legs
- Do NOT apply lotions, creams or oils on your arms or legs
- Advise the staff if you are currently taking Blood Thinners